

**T**HE Durban Exhibition Centre will be transformed into a hub of activity this weekend where visitors will be able to enjoy a showcase of the latest in design, décor and lifestyle trends and expert advice, as well as delicious food and live jazz.

For the home lovers looking to redecorate, remodel or revive their home, Trends & Tastes will have on hand a host of gurus who can update you with the coolest trends.

A major attraction are free 20-minute consultations with local decorators and designers from the South African Institute of the Interior Design Professions (IID).

The IID is the only professional body representing the interior design industry in South Africa, and is dedicated to establishing, promoting and maintaining professionalism, sound business practice and high standards in the industry.

“Interior designers and decorators from the IID will conduct consultations with showgoers, who need to prebook on the website,” says Jocelyn Jones, regional head of the IID and CEO of Jossi Designs.

Two special attractions of this year’s show include The Plascon Stand and The Green Decor House.

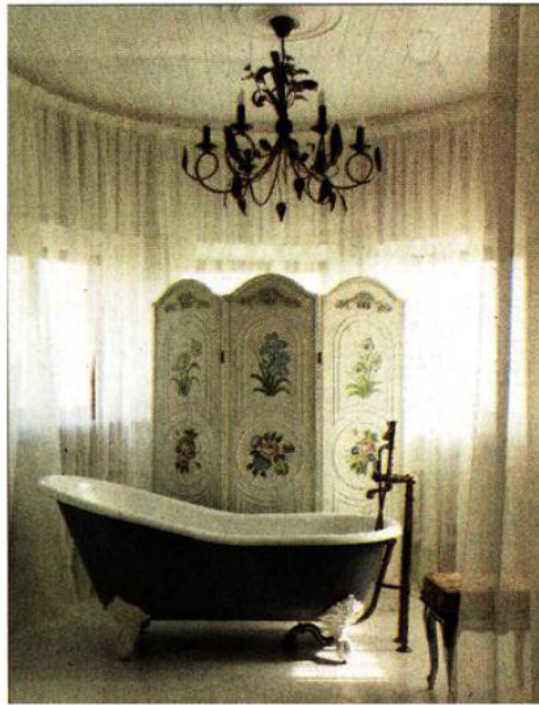
The Plascon Stand will see four interior design companies interpreting the 2011 Plascon colour palette by decorating, painting and furnishing their own rooms.

Another highlight, The Green Decor House will demonstrate how eco-decorating can be successfully incorporated into every living space when five talented designers are asked to create a fully “green” living space.

Getting the opportunity to learn from, question and watch the experts is what the DStv Theatre of Ideas is all about. The schedule includes slots such as “Like New”, in which Sheila Knudsen Restorers will teach paint and polish techniques, or “Frame your Memories” where Tamlynn Rowles from DIY Divas will take you through

Everything trendy and tasteful for the home will be on show in Durban this weekend. **Lifestyle** gets a preview of the Trends & Tastes show

## Hip & cool designs



the steps in creating your own beautifully unique frames.

Easy Entertaining by Designer Decor will show you how to create easy but perfect flower arrangements and table décor.

The Fusion Cooking School will be making liquid nitrogen ice-cream in Sweet Treat with a Twist to spice it up a little, and Andrew Draper of

Harvey’s Restaurant will be doing daily cooking demos.

The food market, organised by Durban’s Wholefoods Market, will be abuzz with chefs, delicacies and homemade treats. You’ll be able to pick up items like oysters, goat’s cheese, peppadews in olive oil, organic products and locally brewed beer.



PICTURES (ABOVE AND LEFT): TRENDS & TASTES



PICTURE: ANDREW DRAPER

The UC Jazz Ensemble will play in the picnic area while the kids will entertain themselves on the jungle gym.

● The show runs from March 18 to 21. Tickets are R50 for adults, R40 for students and pensioners and R5 for children under 12, from the Durban Exhibition Centre.

For more information visit [www.decorex.co.za](http://www.decorex.co.za)

### Win Win Win

Lifestyle and Trends & Tastes are giving away 20 double tickets to readers and five hampers valued at R600. To enter, SMS the word TRENDS to 34831 before 8am tomorrow. SMSes cost R2 and winners will be phoned.

### Kulula in-flight Magazine - March

#### 18-21 March

Did you know? An hour of jogging burns about 500 calories. You might have to run for a few hours after scoffing at the revamped Decorex, **TRENDS & TASTES** (Durban Exhibition Centre) but it'll be worth it. Meet design fundis who will inspire you with tips on green living. Stop in at the organic food market and taste the best of Durban's top restaurants. Entrance R50pp, [www.decorex.co.za](http://www.decorex.co.za)

Please note: kitchen envy is real and has ruined many a dinner party.

### Television and Radio advertising

Please [click here](#) for the links to the various adverts on DStv, East Coast Radio, Lotus and Gagasi FM